

# Tips

Many of our prospective students are nervous and intimidated by the idea of having to do an interview. Below are some tips that may help you be better prepared for the interview.

1. Research Occupational Therapy so that you will have a better understanding of the profession.
2. Make sure you know where you're going and arrive early. It is better to arrive 5 or 10 minutes early than arrive late.
3. Dress professionally.
  - Ladies should wear dress pants or a skirt that is modest in length and a nice blouse.
  - Gentleman should wear dress pants with a dress shirt.

NO sleeveless shirts, low-cut V-neck (cleavage showing) halter tops, flip-flops, tennis shoes, tight clothing. Pants and shirt must meet so that when bending down or sitting no skin is showing.
4. Listen carefully to the questions that are asked; if you aren't clear on the question ask the interviewer to restate the question.
5. Answer questions as directly as possible.
6. Be polite.
7. Be confident.
8. Make eye contact.
9. Try to relax