



## **Course Syllabus**

### **KINE 1306 - First Aid**

*Revision Date: 1/17/2017*

**Catalog Description:** Instruction and practice for emergency care. Designed to enable students to recognize avoid hazards within their environment, to render intelligent assistance in case of accident or sudden illness, and to develop skills necessary for the immediate and temporary care of the victim. Successful completion of the course may enable the student to receive a certificate from a nationally recognized agency.

(Panola College)

Combines the study of first aid, safety education, and cardiopulmonary resuscitation as recommended by the National Safety Council and American Heart Association. Emphasis is placed on methods of prevention and emergency care of injuries caused by accident and sudden illness. CPR certification includes resuscitation of the adult, child, and infant. First aid certification by the National Safety Council.

**Prerequisites:** None

**Semester Credit Hours:** 3

**Lecture Hours per Week:** 3

**Lab Hours per Week:** 0

**Contact Hours per Semester:** 48

**State Approval Code:** 51.1504.53 16

### **Core Components and Related College Student Learning Outcomes**

This course counts as part of the academic requirements of the Panola College Core Curriculum and an Associate of Arts or Associate of Science degree.  Yes  No: If no, skip to Instructional Goals.

The items below marked with an X reflect the state-mandated outcomes for this course **IF this is a CORE course:**

- Critical Thinking Skills – to include creative thinking, innovation, inquiry and analysis, evaluation and syntheses of information
  - CT1: Generate and communicate ideas by combining, changing, or reapplying existing information
  - CT2: Gather and assess information relevant to a question
  - CT3: Analyze, evaluate, and synthesize information
- Communication Skills – to include effective development, interpretation, and expression of ideas through written, oral, and visual communication
  - CS1: Develop, interpret, and express ideas through written communication
  - CS2: Develop, interpret, and express ideas through oral communication
  - CS3: Develop, interpret, and express ideas through visual communication

- Empirical and Quantitative Skills – to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions
  - EQS1: Manipulate and analyze numerical data and arrive at an informed conclusion
  - EQS2: Manipulate and analyze observable facts and arrive at an informed conclusion
- Teamwork – to include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal
  - TW1: Integrate different viewpoints as a member of a team
  - TW2: Work with others to support and accomplish a shared goal
- Personal Responsibility – to include the ability to connect choices, actions, and consequences to ethical decision-making
  - PR1: Evaluate choices and actions and relate consequences to decision-making
- Social Responsibility – to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities
  - SR1: Demonstrate intercultural competence
  - SR2: Identify civic responsibility
  - SR3: Engage in regional, national, and global communities

**Instructional Goals and Purposes:**

The purpose of this course is to 1) Creating an academic atmosphere in which students may develop their intellects and skills and 2) providing courses so that students may receive a certificate and/or associate degree or transfer to a senior institution that offers baccalaureate degrees.

**Learning Outcomes: *[from the ACGM catalog]***

After studying all materials and resources presented in the course, the student will be able to:

1. Explain the workings of the systems in the human body particularly those systems, which are likely affected in emergency care.
2. Recognize and meet the needs of emergency situations including (but not limited to) first aid care, emergency assistance, life support skills, EMS protocols, CPR and AED.
3. Justify layperson and professional roles and responsibilities in emergency situations including but not limited to legal ramifications, barriers to action, requirements for action, and psychological responses.
4. Explain and demonstrate skills for treating victims including (but not limited to) musculoskeletal injuries, bleeding, choking, environmental emergencies.
5. Explain and demonstrate skills for respiratory distress including (but not limited to) CPR, rescue breathing, obstructed airway, and usage of an AED devices.
6. Promote safety and preventative educational methods that reduce the risk of injury, accidents, and life-style related diseases.

**Course Content:**

A general description of lecture/discussion topics included in this course are listed in the Learning Objectives / Specific Course Objectives sections of this syllabus.

Students in all sections of this course will learn the following content:

1. Be able to follow the proper steps in an emergency situation.
2. Be able to administer cardiopulmonary resuscitation to an adult, child or infant.
3. Be able to assess and provide care in first aid situations.

4. Have knowledge of necessary supplies to fill a first aid kit.

**Methods of Instruction/Course Format/Delivery:**

Faculty may choose from, but are not limited to, the following methods of instruction: lecture, demonstration, discussion, internet, television/video presentation, field trips, collaborations and readings.

**Major Assignments / Assessments:**

The following items will be assigned and assessed during the semester and used to calculate the student's final grade.

1. Mandatory CPR/AED Certification- Must choose either March 24<sup>th</sup> or April 15<sup>th</sup>
2. First Aid Assessments- Approximately 16 quizzes
3. Exams Per Content Material- 2 face to face/proctored exams

**Course Grade:**

The grading scale for this course is as follows:

- Attendance/Participation 25%
- CPR 25%
- Exams 50 %

**A= 100-90**

**B= 89-80**

**C=79-70**

**D=69-60**

**F=59 or below**

**Texts, Materials, and Supplies:**

**Other:**

- For current texts and materials, use the following link to access bookstore listings: <http://www.panolacollegestore.com>
- For testing services, use the following link: <http://www.panola.edu/elearning/testing.html>
- If any student in this class has special classroom or testing needs because of a physical learning or emotional condition, please contact the ADA Student Coordinator in Support Services located in the Administration Building or go to <http://www.panola.edu/student-success/disability-support-services/> for more information.
- Withdrawing from a course is the student's responsibility. Students who do not attend class and who do not withdraw will receive the grade earned for the course.
- Student Handbook, *The Pathfinder*: <http://www.panola.edu/student-success/documents/pathfinder.pdf>