



Course Syllabus

1405 Fundamentals of Cosmetology

Catalog Description: A course in the basic fundamentals of cosmetology. Topics include service preparation, manicuring, facials, chemicals services, haircutting, and wet styling.

For students in this course who may have a criminal background, please be advised that the background could keep you from being licensed by the State of Texas. If you have a question about your background and licensure, please speak with your faculty member or the department chair. You also have the right to request a criminal history evaluation letter from the applicable licensing agency.

Lecture hours = 2, Lab hours = 8

Prerequisites: CSME 1401

Semester Credit Hours: 4

Lecture Hours per Week: 2

Lab Hours per Week: 8

Contact Hours per Semester: 160

State Approval Code: 1204010000

Class section meeting time:

Instructional Goals and Purposes: The purpose of this course is to Provide students the knowledge to identify fundamental concepts related to skills in basic service preparation, shampooing, haircutting, wet styling, manicuring, skin care and the use of safety and sanitation.

Learning Outcomes:

1. Students will be able to demonstrate entry level skills in all of the following areas:
 - service preparation
 - manicuring
 - facials
 - chemical services
 - haircutting
 - wet styling
 - safety and sanitation.

Specific Course Objectives (includes SCANS):

After studying all materials and resources presented in the course, the student will be able to:

1. Define in writing the pH and its importance in shampoo selection.
 - A. ai, aii, aiv, bii, biii, bv

2. Define in writing the role of surfactants in shampoo.
 - A. ai, aii, aiv, bii, biii, bv
3. List in writing the uses and benefits of various types of shampoos and conditioners.
 - A. ai, aii, aiv, bii, biii, bv
 - B. aiii, biii, biv, bv, bvi, ci, cii, di, dii, diii, ei, eii, eiii
4. Perform proper scalp manipulations as part of a shampoo service.
 - A. ai, aiii, biii, biv, bv, bvi, ci, ciii, di, dii, diii, ei, eii, eiii
5. Perform a general hair and scalp treatment.
 - A. ai, aiii, aiv, biii, biv, ci, ciii, civ, cv
 - B. ai, aiii, biii, biv, bv, bvi, ci, ciii, di, diii, ei, eii, eiii
6. Identify reference points on the head of illustrated drawing and explain in writing their role in haircutting.
 - A. ai, aii, aiv, bii, biii, bv,
7. Define in writing the words angles, elevations, and guidelines.
 - A. ai, aii, aiv, bii, biii, bv,
8. List in writing the factors involved in a successful client consultation.
 - A. ai, aii, aiv, bii, biii, bv,
9. Demonstrate the safe and proper use of the various tools of haircutting.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, biii, biv, bv, ci, cii, di, dii, diii, ei, eii, eiii
10. Demonstrate mastery of the four basic haircuts.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, biii, biv, bv, ci, cii, di, dii, diii, ei, eii, eiii
11. Demonstrate mastery of other haircutting techniques.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, biii, biv, bv, ci, cv, cii, di, dii, diii, ei, eii, eiii
12. Demonstrate the safe and proper use of the various tools of haircutting.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, aiv, biii, biv, ci, ciii, civ, cv, di, dii, diii, ei, eii, eiii
13. Demonstrate the techniques of a) finger waves, b) pin curls, c) roller setting, and d) hair wrapping.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, aiv, biii, biv, ci, ciii, civ, cv, di, dii, diii, ei, eii, eiii
14. Demonstrate basic permanent wave wrapping procedures.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, aiv, biii, biv, ci, ciii, civ, cv, di, dii, diii, ei, eii, eiii
15. Demonstrate correct use of scissors, thinning shears, razor, clippers, and other implements.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, biii, biv, bv, ci, cii, di, dii, diii, ei, eii, eiii
16. Demonstrate draping for wet and dry services.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, biii, biv, bv, ci, cii, di, dii, diii, ei, eii, eiii
17. Demonstrate each procedure involved in a plain and hot oil manicure.
 - A. ai, aiii, aiv, bii, bvi, ci, ciii, civ, cv
 - B. ai, aii, aiv, biii, biv, ci, ciii, civ, cv, di, dii, diii, ei, eii, eiii

18. Demonstrate the procedure required for a basic facial.
 - A. ai, aiii, aiv, biii, biv, ci, ciii, civ, cv
 - B. ai, aiii, biii, biv, bv, bvi, ci, ciii, di, diii, ei, eii, eiii
19. Demonstrate procedure for the application of temporary, semi-permanent and permanent hair coloring.
 - A. ai, aiii, aiv, biii, biv, ci, ciii, civ, cv
 - B. ai, aiii, biii, biv, bv, bvi, ci, ciii, di, diii, ei, eii, eiii
20. Demonstrate procedures for application of chemical hair straighteners.
 - A. ai, aiii, aiv, biii, biv, ci, ciii, civ, cv
 - B. ai, aiii, biii, biv, bv, bvi, ci, ciii, di, diii, ei, eii, eiii

Course Content:

A general description of lecture/discussion topics included in this course are listed in the Learning Objectives / Specific Course Objectives sections of this syllabus.

Students in all sections of this course will be required to do the following all chapter test

1. Pass all chapter tests in theory class.
2. Perform scalp t manipulation to include each massage movement for a shampoo service.
3. Perform scalp treatment to include massage, application of scalp treatment and conditioners.
4. Demonstrate mastery of all four basic care Elevations: 90°, 45°, 0°, 180°. Students will use proper manipulations at tools in a safe manner using all cutting implements.
5. Demonstrate the proper client protection for draping for each hair service.
6. Demonstrate the technique for finger waving, roller setting, pin, placements, and hair wrapping.

Methods of Instruction/Course Format/Delivery:

This course is offered in a face to face setting. Students will also have access to this course through Canvas. Resources provided in Canvas include the following: study guides, printable handouts, and chapter notes. Students will attend theory class every morning from 8:00 a.m. until 9:00 a.m.. The instructor will use a combination of text book, handouts, demonstrations, and the use of audio/ visual equipment during this class. After theory class, the students begin the practical skills portion of the course. Students will learn by actually completing hands on tasks demonstrated by the instructor.

Major Assignments / Assessments:

The following items will be assigned and assessed during the semester and used to calculate the student's final grade.

Assignments

1. Practical Skills #1
2. Practical Skills #2
3. Practical Skills #3
4. Practical Skills #4
5. Monthly Tally Sheet

Assessment(s):

1. Chapter 15 Quiz
2. Chapter 16 Quiz
3. Chapter 17 Quiz
4. End of Course Exam

Course Grade:

The grading scale for this course is as follows:

- Exams – 35%
- Practical skills – 35%
- Attendance – 30%

Texts, Materials, and Supplies:

- *Milady's Standard Cosmetology*, Delmar Thompson learning, Inc., 5 Maxwell Dr., Clifton Park, NY 12065 – 2912, Copyright 2016
- Milady's Standard Cosmetology Student CD-ROM
- Milady's Standard Cosmetology Exam Review
- Texas Department of Licensing and Regulation "Regulation and Code Book"
- Cosmetology kit
- department approved uniforms

Required Readings:

- Chapter 15 Scalp Care, Shampooing And Conditioning
- Chapter 16 Haircutting
- Chapter 17 Hairstyling

Other: (LINKS) www.license.state.tx.us

www.psiexams.com

- For current texts and materials, use the following link to access bookstore listings: <http://www.panolacollegestore.com>
- For testing services, use the following link: <http://www.panola.edu/elearning/testing.html>
- If any student in this class has special classroom or testing needs because of a physical learning or emotional condition, please contact the ADA Student Coordinator in Support Services located in the Administration Building or go to <http://www.panola.edu/student-success/disability-support-services/> for more information.
- Withdrawing from a course is the student's responsibility. Students who do not attend class and who do not withdraw will receive the grade earned for the course.
- Student Handbook, *The Pathfinder*: <http://www.panola.edu/student-success/documents/pathfinder.pdf>

SCANS CRITERIA

1) **Foundation skills are defined in three areas: basic skills, thinking skills, and personal qualities.**

- a) **Basic Skills:** A worker must read, write, perform arithmetic and mathematical operations, listen, and speak effectively. These skills include:
 - i) Reading: locate, understand, and interpret written information in prose and in documents such as manuals, graphs, and schedules.
 - ii) Writing: communicate thoughts, ideas, information, and messages in writing, and create documents such as letters, directions, manuals, reports, graphs, and flow charts.
 - iii) Arithmetic and Mathematical Operations: perform basic computations and approach practical problems by choosing appropriately from a variety of mathematical techniques.
 - iv) Listening: receive, attend to, interpret, and respond to verbal messages and other cues.
 - v) Speaking: Organize ideas and communicate orally.
- b) **Thinking Skills:** A worker must think creatively, make decisions, solve problems, visualize, know how to learn, and reason effectively. These skills include:
 - i) Creative Thinking: generate new ideas.
 - ii) Decision Making: specify goals and constraints generate alternatives, consider risks, and evaluate and choose the best alternative.
 - iii) Problem Solving: recognize problems and devise and implement plan of action.
 - iv) Visualize ("Seeing Things in the Mind's Eye"): organize and process symbols, pictures, graphs, objects, and other information.
 - v) Knowing How to Learn: use efficient learning techniques to acquire and apply new knowledge and skills.
 - vi) Reasoning: discover a rule or principle underlying the relationship between two or more objects and apply it when solving a problem.
- c) **Personal Qualities:** A worker must display responsibility, self-esteem, sociability, self-management, integrity, and honesty.
 - i) Responsibility: exert a high level of effort and persevere toward goal attainment.
 - ii) Self-Esteem: believe in one's own self-worth and maintain a positive view of oneself.
 - iii) Sociability: demonstrate understanding, friendliness, adaptability, empathy, and politeness in group settings.
 - iv) Self-Management: assess oneself accurately, set personal goals, monitor progress, and exhibit self-control.
 - v) Integrity and Honesty: choose ethical courses of action.

2) **Workplace competencies are defined in five areas: resources, interpersonal skills, information, systems, and technology.**

- a) **Resources:** A worker must identify, organize, plan, and allocate resources effectively.
 - i) Time: select goal-relevant activities, rank them, allocate time, and prepare and follow schedules.
 - ii) Money: Use or prepare budgets, make forecasts, keep records, and make adjustments to meet objectives.
 - iii) Material and Facilities: Acquire, store, allocate, and use materials or space efficiently. Examples: construct a decision time line chart; use computer software to plan a project; prepare a budget; conduct a cost/benefits analysis; design an RFP process; write a job description; develop a staffing plan.
- b) **Interpersonal Skills:** A worker must work with others effectively.
 - i) Participate as a Member of a Team: contribute to group effort.
 - ii) Teach Others New Skills.
 - iii) Serve Clients/Customers: work to satisfy customer's expectations.

- iv) **Exercise Leadership:** communicate ideas to justify position, persuade and convince others, responsibly challenge existing procedures and policies.
- v) **Negotiate:** work toward agreements involving exchange of resources, resolve divergent interests.
- vi) **Work with Diversity:** work well with men and women from diverse backgrounds.

Examples: collaborate with a group member to solve a problem; work through a group conflict situation, train a colleague; deal with a dissatisfied customer in person; select and use appropriate leadership styles; use effective delegation techniques; conduct an individual or team negotiation; demonstrate an understanding of how people from different cultural backgrounds might behave in various situations.

- c) **Information:** A worker must be able to acquire and use information.

- i) **Acquire and Evaluate Information.**
- ii) **Organize and Maintain Information.**
- iii) **Interpret and Communicate Information.**
- iv) **Use Computers to Process Information.**

Examples: research and collect data from various sources; develop a form to collect data; develop an inventory record-keeping system; produce a report using graphics; make an oral presentation using various media; use on-line computer data bases to research a report; use a computer spreadsheet to develop a budget.

- d) **Systems:** A worker must understand complex interrelationships.

- i) **Understand Systems:** know how social, organizational, and technological systems work and operate effectively with them.
- ii) **Monitor and Correct Performance:** distinguish trends, predict impacts on system operations, diagnose deviations in systems' performance and correct malfunctions.
- iii) **Improve or Design Systems:** suggest modifications to existing systems and develop new or alternative systems to improve performance.

Examples: draw and interpret an organizational chart; develop a monitoring process; choose a situation needing improvement, break it down, examine it, propose an improvement, and implement it.

- e) **Technology:** A worker must be able to work with a variety of technologies.

- i) **Select Technology:** choose procedures, tools or equipment including computers and related technologies.
- ii) **Apply Technologies to Task:** understand overall intent and proper procedures for setup and operation of equipment.
- iii) **Maintain and Troubleshoot Equipment:** Prevent, identify, or solve problems with equipment, including computers and other technologies.

Examples: read equipment descriptions and technical specifications to select equipment to meet needs; set up and assemble appropriate equipment from instructions; read and follow directions for troubleshooting and repairing equipment.