

## **Mental Health Services**

Panola College does not have a personal counseling office available on campus. However, if a student is in need of immediate assistance, they should go directly to our local hospital's emergency room. This is recommended for a student who feels they are "in crisis" and need immediate mental health attention.

Other immediate resources include:

- Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Crisis/Depression Textline: text "CONNECT" to 741741
- East Texas Council on Alcoholism and Drug Abuse: 903-753-7633 or 800-441-8639
- Community Healthcore: 903-938-7721  
401 North Grove Street, Suite A  
Marshall TX 75670
- Burke Nacogdoches Mental Health Services: 936-634-5010 or 866-242-4556  
4632 NE Stallings Dr  
Nacogdoches TX 75935
- Magnolia Behavioral Hospital: 903-291-3456  
22 Bermuda Lane  
Longview TX 75605